



# Horizon Hills Parenting Program Presents: An Educational Workshop for Parents

## **Conflict Resolution:**

**It's not just for the classroom**

(It can bring peace to ALL of your relationships)

**Monday May 23, 2022**

**6:30pm-8:30pm**

**FREE** to currently enrolled Parenting Program Students

\$25 per person (if not currently enrolled)

Space is limited - Adults only (no children please!)



### Explore:

- ◆ How you perceive conflict
- ◆ Healthy and unhealthy responses to conflict
- ◆ What effects conflict

### Learning the 6 steps of conflict resolution will:

- ◆ Improve the social and emotional development of your child
- ◆ Empower you and your child
- ◆ Increase the use of respectful language
- ◆ Heighten emotional awareness
- ◆ Help your child cope with their feelings constructively
- ◆ Promote capable decision making
- ◆ Develop moral development
- ◆ Encourage personal responsibility
- ◆ Build relationships

**Facilitated by Sandy McGlynn, LCSW**

**Parent Educator & Positive Discipline Instructor**

Contact the Horizon Hills office to enroll today!

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